

Osage News



September/October 2015

896 S 80th St. McCune, KS

www.osagecob.org

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Upcoming Events

October 4

World Wide Communion
Sunday in Worship

October 7

Church Board Meeting
7:00 p.m.

October 11

Church Council Meeting
7:00 p.m.

October 13

Group Bible Study
7:00 p.m.

October 17

Men's Fellowship
7:30 a.m.

October 24

Halloween Party at Church

October 30-November 1

The Gathering-Salina, KS

Every Tuesday

Community Lunch at the
Church
11:30 a.m.—1:00 p.m.

Every Monday

Aunt B & Friends—7:00 p.m.

Every Wednesday

Chime Choir-6:00 p.m.
Jubilee Choir-7:00 p.m.
Youth Choir-7:00 p.m.

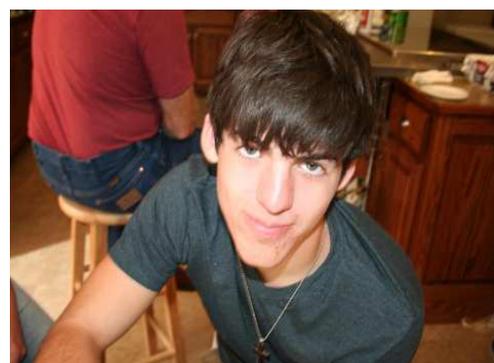
Every Sunday

9:30 a.m. Sunday School
10:30 a.m. Worship

Nursery provided for ages 3
and younger

Pictures from Fall Festival September 25-27, 2015

(thanks to Shawna Crumpacker for these pictures)





One gift we have in the Church of the Brethren is to work at living simply. Here is some possible ideas for a more meaningful simple lifestyle. With the help of scholars, here are 5 possible ways to simplify your life.

friend Jesus is the example. His life was his message. His life showed forth a country prophet who had no place to lay his head. In this spirit, this was a simplicity that was understated, humble and even artistic. Jesus life ran counter to society.. In the same way, we must contrast our lives with the excess of consumerist lifestyles. Drawing from influences ranging from early Quakers and even some Brethren today, simplicity is a path of beauty that celebrates natural materials and clean, functional expressions.

Friends, we have to choose a simple lifestyle. It is a huge challenge today to choose the life of simplicity. We must stay focused, dive deep, and not be distracted by consumer culture. We need to organize our lives so we give our “true gifts” to the world. We must give the essence of ourselves.

Secondly, if we live as our Lord and Savior, Jesus, we must live a compassionate simplicity. Jesus showed forth a ministry of reconciliation. We “choose to live simply so that others may simply live.” Jesus felt a bond with the community of life and was drawn toward a path of reconciliation with other people. We need to do the same. We work to help future generations as well as those with great differences of wealth and opportunity. Jesus said “Blessed are the poor and Blessed are the poor in spirit....A compassionate simplicity is a path of cooperation and fairness that seeks a future of mutually assured development for everyone.

Thirdly, we must work at an Economic and Artistic Simplicity: This means there are many forms of “right living” for the greater good of anyone despite economic status. It also means that the way we live our lives represents a work of unfolding artistry. Again, our brother and

Fourth, we should work at Frugal Simplicity: This simplicity should include our family too. This works by cutting back on spending that is not truly serving our lives, and by practicing skillful management of our personal finances, we can achieve greater financial independence. Frugality and careful financial management bring increased financial freedom and the opportunity to more consciously choose our path through life. Living with less also decreases the impact of our consumption upon other resources. Finally, Brethren, may I suggest we practice uncluttered simplicity: This means taking charge of lives that are too busy, too stressed, and too fragmented. An uncluttered simplicity means cutting back on trivial distractions, both material and non-material, and focusing on the essentials—whatever those may be for each of our unique lives. “Our life is frittered away by detail. . . Simplify, simplify.” “In order to seek one’s own direction, one must simplify the mechanics of ordinary, everyday life.”

Peace and Love, Pastor Mike

Come-N-Dine Menu *



You are Invited To
Come-N-Dine

Osage
Church of the Brethren

896 S 80th St

McCune, KS 66753

Phone 632-5248

Every Tuesday from
11:30 a.m. until 1:00 p.m.
(or the food is gone)

September 29

Cheesy Bacon Chicken
Pasta
Green Beans
Salad/Roll

October 6

Ham & Beans
Roasted Potatoes
Applesauce Jello
Salad/Cornbread

October 13

Chicken & Noodles
Mashed Potatoes
Corn
Salad/Roll

October 20

Beef Enchilada Casserole
Refried Beans
Taco Salad
Chips

October 27

Ham
Sweet Potatoes
Corn
Salad/Roll

*Dessert included with meal
Free will offering accepted

*Menu subject to change

Osage News—September/
October 2015 Newsletter

Published by The Osage
Church of the Brethren

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Come-N-Dine ~

by Marsha Hartman

The Staff at Come-N-Dine wishes to thank the community and church that we serve for all the wonderful support they have showed us thru the years. We could not do what we do with out the help that the church and the community so generously give. The wonderful pies, cakes and cookies that are give each week from so many. The worship and fellowship we share with each other in the name of God each Tuesday morning. We want to send a special thanks to the gentlemen that helped one Tuesday when the ovens quit on us. John and Jimmy Lovell, Will Davidson and Steven Brisbin. These men took time out of their busy day and came to our aid in a time of need. THANK YOU.

**THANK
YOU!**



November Birthdays

Jerry Kirby	1
Jim Huff	2
Layne Tyree	2
Cindy Alexander	3
Ronnie O'Toole	5
Mary Ann Ulery	8
Kathy Scales	9
Frank Crumpacker	12
Chris Allen	21
Max Huff	13
Barbara Egbert	14
Michael Allen	19
Alaina Martinie	20
Janice Kirby	22
Cody Leonard	24
Monica Collins	27

November Anniversaries

Vernon & Barbara Egbert	13
Brad & Janett Bourbina	13



October Birthdays

Sharon Leonard	1
Whitney Ulery Wells	2
Carrie Allen	3
Laura Huffaker	5
Norita O'Toole	5
Victoria Murphy	6
Michelle Rion	6
Jarod Cheney	7
Jaelynn Williams	12
Lois Stauffer	17
Carol Troop	17
Glen Wilkerson	27
Marsha Hartman	29
Mike Cheney	31
Jason Lee	31

October Anniversaries

Matt & LaDonna Hartman	2
Earl & Marsha Hartman	5
Gary & Betty Ledford	8
Mike & Sandra Martinie	15
Nicholas & Bobbi Coppenhaver	23

Webster Conference Center, Salina, Kansas

Registration due by October 19

Speakers

Andy Murray-Current Moderator of the Church.

Jeff Bach- Director of the Young Center for Antibaptist and Pietist Studies at Elizabethtown College.

Jay Wittmeyer- Executive Director of Church of the Brethren Global Mission and Service.



Larry wrote me the following letter: “I’ve been a small businessman for almost 23 years in a business where people lie, cheat, and steal. I’m sorry to say I became one of them. In the short term it may have helped, but long term it came back to haunt me. There’s no amount of success that’s worth it. I am now 48 years old. I have lost my good name; my values and my ethics have been destroyed. Is there any way I will ever be able to restore my reputation and lead a life of integrity?”

What a pity that so many people delude themselves into believing that traditional ethical principles like honesty and integrity don’t apply in the business world. They govern their daily decisions by pragmatism — what works— without reference to principles — what’s right. And, piece-by-piece, decision-by-decision, they sell their souls and sully their names until they find themselves naked and alone on the barren wasteland of moral compromise.

The good news is that Larry can start leading a life of integrity immediately. He can redeem himself and become a man of character simply by choosing to be honest, responsible, respectful, caring and fair.

The bad news is that his reputation will take longer to restore. Character is what you really are; reputation is what people think of you. And since people are more likely to judge us by our last worst act rather than our most virtuous habits rebuilding a reputation can take years of honorable living.

Prairie Gardner’s Report

-by Martha Price

The Prairie Gardeners garden club met at 7:30 p.m. September 15 at the home of Martha Price. Only three members were able to come to Martha’s place. Dave Wallace talked about Texas plants information in his new book. Wanda Williams reported that mums should have been cut to 2"-3" stopping July 4 to have nice full rounded displays. Marsha Hartman has planted 5 trees; and is looking for plants for bee food for later in summer. They have one hive. Martha Price has been cleaning for meeting.

Carolyn Chips gave a program and took us to Southern Texas to discuss birds, native plants and the crops grown in that area. Carolyn and her husband Charlie spent Feb.-Mar.-Apr. as volunteers at the Santa Ana National Wildlife Refuge. There was farmland all around the area which they observed daily – but not farm land like we in S.E. Kansas know. These were acres and acres of fields of cabbage, kale, onions, carrots – these types of crops. When tractors were used to till, unearth root crops, or gather harvested produce they were small machines to move between rows.



Harvesting was a by-hand intensive operation. Each worker had his particular job. IE: ONIONS: A cutting blade pulled by tractor went under the onions to bring them to the surface. (If not rainy weather the onions are left in the field to dry approximately four days). The first worker would cut the tops off leaving them to be tilled under later. The second worker picked up onion bulbs and putting them in buckets. Third worker took full bucket to waiting crates that had been placed between rows throughout the field (rows are planted strips of crop with strips between for small tractors to travel). Finally these crates are hauled

to end of rows and lastly a loader put crates on large truck to be taken to market. (Five different handlings).

When KALE is ready to harvest workers go through fields cutting leaves from bottom of stalk and bundled. Another worker gathers and stacks the bundles. The stacks of bundles are picked up, crated and crates trucked to the market. Tops of plants are left to continue growing. Usually 3 pickings can be made. The plants begin to look like p a l m t r e e s .

CABBAGE is harvested similarly. Workers will go over field gathering largest heads, leaving smaller heads to continue growing. Two more head gathering is done before remainder is turned under for compost.

As soon as one crop has completed its production and ground tilled, another crop goes in. Maybe the same crop; maybe something else. With warm weather the ground can be in constant production.

With few paved roads in the area Carolyn was in, locals and campers, etc. benefited from the “road kill”. Again not what we think of as road kill but the produce by the side of the road that has bounced out of the crates being trucked over bumpy gravel roads to market. Vegetables were seldom on ones grocery shopping list. Carolyn and Charlie greatly enjoyed their time as volunteers here and are going back this winter.

For garden club members who’s plans took them in other directions, they certainly missed an enjoyable program.

The next meeting is at the Hillers at 7:00 p.m. October 20.

It's Not to Late

~ by Judy Jo Allen

I am reading the book, War Room. It is the new Christian movie that's coming out. Tony, Elisabeth's husband is recalling parts of the sermon. Something the pastor said the day before in his message made him uneasy. "God looks for those that seek Him with their whole heart." That stuck in his craw. Plus the part about people deceiving themselves. There were lots of people who were probably doing that, but he wasn't one of them. God wants us to ask boldly and surrender completely. Let's look at the definitions of the four words that describe what God wants from us, in that statement. And how He wants it. First, He wants us to ASK. To put a question to; request; to try to get by using words; or to invite. Here are some verses. Philippians 4:6, Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. Matthew 7:7, Ask and it will be given to you....And I Thessalonians 5:17, Pray continually. Now how does he want us to ask? Boldly, not hesitating or fearful; daring and courageous. I John 5:14, This is the confidence we have in approaching God; that if we ask anything according to His will, He hears us. And James 1:6, But when you ask, you must believe and not doubt...Next He wants us to SURRENDER– to give (oneself) up; submit or relinquish. James 4:7 says, submit, yourself, then, to God. Resist the devil, and he will flee from you, And last God wants us to surrender,

COMPLETELY– having all parts; lacking nothing, whole, entire; or all Psalm 46:10, "Be still and know that I am God... And Proverbs 3:5-6, Trust in the Lord with all the heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight.

Are you doing this? Are you making sure everything you do and say will be pleasing to God, before you do it? For example, do you believe God is OK with profanity? In any form whether spoken, in a cartoon, in a movie, or TV show, or in a post on Facebook. I am sure everyone reading this would answer, No! So why then do many people think it is okay to go to a "R" rated movie. Or post an obviously inappropriate cartoon on Facebook? Just because they thought it was funny. Do they really think God will just overlook it. Do you believe God should be then number one priority in your life? And that all of your choices impact where you will spend eternity? Do you believe God is worthy of your time and whole hearted devotion? That following Jesus involves turning your entire lives toward the kingdom of God; your time, money, effort, what you say, everything. Again, I believe everyone reading this would say, Yes! Then why do so many people come to church, once in a while? When it fits into their schedule. Do their ministers only preach once in a while? Instead they should fix their lives around the will of God. Because.... Remember, God looks for those that seek him with their whole heart. It's not to late.

Continued from Page 5

15. Cancer is a disease of the mind, body, and spirit. A proactive and positive spirit will help the cancer warrior be a survivor. Anger, un-forgiveness and bitterness put the body into a stressful and acidic environment. Learn to have a loving and forgiving spirit. Learn to relax and enjoy life.
16. Cancer cells cannot thrive in an oxygenated environment. Exercising daily, and deep breathing help to get more oxygen down to the cellular level. Oxygen therapy is another means employed to destroy cancer cells.



1. No plastic containers in micro.
2. No water bottles in freezer.
3. No plastic wrap in microwave..

Johns Hopkins has recently sent this out in its newsletters. This information is being circulated at Walter Reed Army Medical Center as well. Dioxin chemicals cause cancer, especially breast cancer. Dioxins are highly poisonous to the cells of our bodies. Don't freeze your plastic bottles with water in them as this releases dioxins from the plastic. Recently, Dr Edward Fujimoto, Wellness Program Manager at Castle Hospital, was on a TV program to explain this health hazard. He talked about dioxins and how bad they are for us. He said that we should not be heating our food in the microwave using plastic containers. This especially applies to foods that con-

tain fat. He said that the combination of fat, high heat, and plastics releases dioxin into the food and ultimately into the cells of the body. Instead, he recommends using glass, such as Corning Ware, Pyrex or ceramic containers for heating food. You get the same results, only without the dioxin. So such things as TV dinners, instant ramen and soups, etc., should be removed from the container and heated in something else. Paper isn't bad but you don't know what is in the paper. It's just safer to use tempered glass, Corning Ware, etc. He reminded us that a while ago some of the fast food restaurants moved away from the foam containers to paper. The dioxin problem is one of the reasons.

Also, he pointed out that plastic wrap, such as Saran, is just as dangerous when placed over foods to be cooked in the microwave. As the food is nuked, the high heat causes poisonous toxins to actually melt out of the plastic wrap and drip into the food.. Cover food with a paper towel instead.

This is an article that should be sent to anyone important in your life...



"NYC was a true blessing to get to experience. The small groups were fun getting to know new people." Beth C.

"NYC was a time of laughter, friendship and spiritual growth." Adam M.

"Ken Medema had a workshop where we made up songs on the spot. It was really good. I might have cried once." Shi C.

"The atmosphere was electric. I couldn't wait for it (worship service) to start. There's no atmosphere like NYC atmosphere." Mike H.

"It was always positive." Melanie H.

"it challenged you to do more." LaDonna H.



These are some of the quotes about National Youth Conference from participant a year after their trip. NYC is an experience that most youth only get once. And obviously it is a profound one. We now have three years to save up for the next group of youth. At current count, we will be sending 8 youth and 2 advisors. That means we've got about \$8000.00 we need to raise (\$800 per person is the estimated cost to cover the registration fees, traveling expenses, a t-shirt, food there and back, and one extra stop. Last year the extra stop was white water rafting.). We usually make \$1300-1400 per year with our two big fund raisers: the Chicken Noodle Dinner and Souper Bowl Sunday. Worst case scenario leaves us with a shortfall of \$2,800 to make up. We have had a few ideas that don't include selling anything. One would be straight out donations or helping sponsor a child. The other idea includes some good natured fun. In the future, you may find a bright, colorful, eye-catching toilet in your yard. A small donation and a call to the CBYF will see it removed and placed in someone else's yard. A little bigger donation will ensure that you get to choose whose yard it shows up in next. We greatly appreciate all your help in sending our youth to NYC.

7th grade through High School

You are invited to join the Osage Church of the Brethren Youth Fellowship (CBYF). Enjoy Godly debates on hot topics, good food, great worship and making friends that encourage and inspire. We will meet the first Saturday of every month at 5 p.m. for regular meetings beginning October 3rd. Join the Osage Youth Group on Facebook for updates of meetings and activities.



CBYF Plans This Year

The CBYF met recently to discuss what they could do to have fun, raise money, and help others for the next year. We confirmed that the youth like to debate hot topics. So on the first Saturday of every month at 5 pm, the youth will meet to discuss those topics and look up scriptures that support Godly decisions. The CBYF also wants to give back. They plan to sponsor a Fall Party with a trunk-or-treat for the kid on Saturday, October 24th. They also talked about running the concession stand one Saturday for Upwards basketball, babysitting for a Parent's night out, and setting up a quarter donation stand for selected local and Brethren services. When filled, the quarter tower would make about \$100 for each project. They are also open to ideas. They can paint, do general yard clean up, etc. if you have a project that needs some help. The CBYF wants to have some fun!! Some ideas discussed were laser tag, a lock-in, another church wide barbecue/sand volleyball or baseball game, a church wide talent show, a drive up movie, a progressive dinner, and a concert. As you can see there are some big ideas and goals. We'll do our best to get it all accomplished. (For Fund Raisers see NYC article)

Power of Praise (Pop) Choir

You are invited to sing with the CBYF choir on Wednesday nights at 7:00 pm. We have a great time singing, learning new songs, and laughing together. No singing talent required. No age restrictions.



Recently, we decided to go to the Red Lobster with Bill and Lois Stauffer for a nice evening meal; they were offering all of the shrimp you could eat and that was what made it so wonderful.

We made preparations for that evening so we could really be ready for it. I'm not sure about the rest of our party, but I ate a very small breakfast and then an early lunch which was also a small one; I was ready! Going to the Red Lobster was nothing new to me; however, eating all of the shrimp I wanted was. We drove over to Bill and Lois's and then got into their waiting car and headed for Joplin. We got to the Red Lobster around 5:00 and the place was already starting to get filled up. Everything on the menu looked so delicious that it almost made me want to start drooling. We found the section telling us about the shrimp offer. The shrimp was prepared four different ways and we could choose any of the two ways. We each ordered what we wanted and soon they brought our salads. Here you had to be extremely careful as you didn't want to stuff yourself with that rabbit food as you wanted to save as much space in your tummy as you could for that shrimp. They always have some of the best cheesy biscuits to eat with your meal and that you could not turn down,

It wasn't long until the arrival of the shrimp. I had a skewer (is that what that stick is called?) filled with shrimp as well as some shrimp bunched up in my plate along with my baked potato and some rice with other things in it. Before we were finished with our first round of shrimp, the waitress came around to see if we wanted more,

silly question, of course, we did. They would take our orders early for more shrimp so they could bring them to us right out of the oven (or wherever they cook them) so they would be nice and steamy hot. We were having a ball enjoying all of this shrimp. Sorry to say (not really though) but my baked potato and my rice didn't get much of my attention. Bill and I sorta had a small contest going between us to see who could eat the most shrimp and we kept the waitress busy bringing us more shrimp and more shrimp. I tried some Hawaiian Coconut shrimp, and let me tell you that was hot both ways; temperature as well as spicy! However, after eating three or four of them, the spicy didn't seem to be so hot; maybe that was because my mouth was now "fried"?

After we finally got our fill of shrimp, Bill had put away 90 of them and I had put away 70 of them" Unbelievable! How did we know how many? That was easy as

they bring them out 10 at a time and you just count how many servings you had. Bill won that contest easily! We asked what was the most that was eaten by one person? The waitress said that last year, one person ate 300 shrimp. He must have been a giant; that was hard to believe! These were nice size shrimp; they were NOT those little bitty popcorn shrimp. I picked up my potato and my rice, neither one was hardly touched, paid my bill and we all left with smiling faces. We went back to Bill and Lois's home and played some cards. Then Lois surprised us and brought out a chocolate cake smothered with good stuff on top to help us celebrate our sixth wedding anniversary. After eating all of that shrimp, I wasn't sure I could eat anything else, but I did. It was such a fun evening that we'll always remember, even though I felt miserable for a while; but I got over that too.

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